

As part of a class assignment you have to write about the following topic.

Some businesses now say that no one can smoke cigarettes in any of their offices. Some governments have banned smoking in all public places. This is a good idea but it takes away some of our freedom.

Do you agree or disagree? Give reasons for your answer.

Whether to Smoke cigarettes in public or not ~~have~~has aroused d controversy during the recent decades. Both opponents and proponents ~~has~~have provided d reasons to justify their point of view. Recently due to the fact that smoking cigarettes does have a deleterious effects not only on ~~to~~ the smoker but also the people around him/her, many countries and businesses ~~has~~have banned ~~the~~the smoking cigarettes in public, so there is a special place allocated for smoking. I firmly believe that although limiting cigarette smoking might not be fully compliant with people's freedom, this approach can contribute to a society healthiness.

First and foremost, Based on a study conducted by the JSI School of public health, the number of employees of a certain company visiting doctors before and after ~~legitimizing~~banning of smoking cigarettes in public areas has been significantly reduced from 100 cases per week to 28 cases.~~so~~therefore, the detrimental effects of cigarettes can be ~~lesser~~lessen on other spectra of the populace, those who do not smoke and the target affected people would be solely smoker him/herself.

On the other hand, one might argue that by introducing a law which bans smoking of cigarettes in public places there would be pressure on smokers caused by ~~the~~this restriction resulting in a less individual freedom and arousing one's stress and anxiety, however, ~~in~~from my point of view day by day the governments and authorities should work towards making a better and healthier life for their citizens and banning ~~the~~the smoking in public would help them to attain their purpose.

To sum up, although I agree that the ~~one's~~an individual's freedom would be affected by the above mentioned law, for the sake of people's health the benefits of restriction on cigarettes smoking far outweigh its drawbacks and gradually the above mentioned law can pave the way for a healthier community.

TIME: 40 Mins